



29^A NIOBEIA 2011

DECLARATION OF SWIMMING RACES FOR ASSOCIATIONS - ATHLETES ABROAD (OVERSEAS)

YMCA under the auspices of the Regional Swimming Committee of Central and Western (Π.Ε.Κ.Κ.Δ.Μ.) and with the collaboration of the Parents' Association of the Swimming Department of YMCA in Thessaloniki organizes the 29th Niovia.

The competitions will be held in accordance with the international swimming rules and the regulations of the Greek Swimming Federation (KOE), according to the Grand Prix schedule. The duration of the games will be two (2) days, four sessions, qualifying heats in the morning sessions, finals in the evening sessions.

RIGHT OF PARTICIPATION

All associations which belong to Hellenic Swimming Federation power and associations-athletes abroad (overseas), with athletes aged: For male, year of birth 1998 and older – For female, year of birth 1999 and older have the right to participate.

DATE OF INAUGURATION

Saturday 16 April 2011 and Sunday 17 April 2011.

PLACE OF EVENT:

Indoor swimming pool 50m in POSIDONION'S Swimming Pool, Thessaloniki, GR. The warm up of the athletes may take place in the indoor pool 7:30~8:55 & 16:00~17:00, or in the outdoor swimming pool (50m) of Posidonion from 7:30 or 16:00 until the end of the relevant session.

PARTICIPATION ENTRY.

*Please send participation applications by **e-mail: pekkdm@pekkdm.gr** , or by fax to the Office of the Regional Swimming Committee (Π.Ε.Κ.Κ.Δ.Μ.), Thessaloniki - fax **2310 245881**, tel.. **2310 245323**,*

*The deadline for the entry of participations will be **Monday 11/4/2011 at 14:30**. Following this date no correction or withdrawal will be taken into account for the formation of the qualifying heats.*

SPECIAL CONDITIONS

- 1. Each athlete will participate in three (3) events at the most.*
- 2. The qualifying heats will be common for all age groups and will be formed on the basis of the performances achieved in the current swimming period. For athletes of the National Teams well as for athletes abroad, the performance declared by their coaches will be valid, if they are not officially recorded by the Hellenic Swimming federation. The participants with the top eight (8) performance time in the preliminaries will take part in the finals.*
- 3. Starts will be immediately after the last athlete of the previous heat has ended his race, on reasons of saving time.*
- 4. No restrictions will tie up the association organizer.*
- 5. In the events **1500m Men** και **800m Women**, only the athletes with **the best 16 official performances** have the right to participate. (The athletes that will apply for the afore mentioned events will have the right to also apply for a fourth event in which they will participate in case their performance will not be among the best 16 performances).*
- 6. The conducting times of the races are the following: :
SATURDAY morning 09:00, - evening opening ceremony 17:00, events 17:45.
SUNDAY morning 09:00 , - evening 17:00.*
- 7. The participation fees for each athlete is set at **13 Euros** and the swimming teams that will take part should send the deposit receipt together with the entry form.*
- 8. Account number for depositing the participation fees: ALPHA BANK, BENEFICIARY YMCA OF THESSALONIKI, ACCOUNT NUMBER 707 / 002101-021275, IBAN No GR40-0140-7070-7070- 0210-1021-275. Cause : Team «π.χ. Nireus, PARTICIPATION IN NIOVIA».*

AWARDS

- Metals will be awarded to the first three winners of each event (Open).*
- A trophy will be given to the best athlete (male and female) according to the international scoring performance.*



29^A NIOBEIA

COMPETITION SCHEDULE

1st Session – QUALIFYING HEATS

Saturday 16/4/11 - 9:00 π . .

1.	800m	FREESTYLE	WOMEN	SH
2.	100m	FREESTYLE	MEN	
3.	200m	FREESTYLE	WOMEN	
4.	50m	BREASTSTROKE	MEN	
5.	100m	BREASTSTROKE	WOMEN	
6.	400m	IND. MEDLEY	MEN	SH
7.	100m	BUTTERFLY	WOMEN	
8.	100m	BACKSTROKE	MEN	
9.	50m	BACKSTROKE	WOMEN	
10.	200m	BUTTERFLY	MEN	
11.	200m	IND. MEDLEY	WOMEN	
12.	400m	FREESTYLE	MEN	
13.	50m	FREESTYLE	WOMEN	
14.	200m	BREASTSTROKE	MEN	
15.	50m	BUTTERFLY	MEN	
16.	200m	BACKSTROKE	WOMEN	

2nd Session - FINALS

Saturday 16/4/11 - 16:45 . . .

1.	800m	FREESTYLE	WOMEN	FH
2.	100m	FREESTYLE	MEN	
3.	200m	FREESTYLE	WOMEN	
4.	50m	BREASTSTROKE	MEN	
5.	100m	BREASTSTROKE	WOMEN	
6.	400m	IND. MEDLEY	MEN	FH
7.	100m	BUTTERFLY	WOMEN	
8.	100m	BACKSTROKE	MEN	
9.	50m	BACKSTROKE	WOMEN	
10.	200m	BUTTERFLY	MEN	
11.	200m	IND. MEDLEY	WOMEN	
12.	400m	FREESTYLE	MEN	
13.	50m	FREESTYLE	WOMEN	
14.	200m	BREASTSTROKE	MEN	
15.	200m	BACKSTROKE	WOMEN	
16.	50m	BUTTERFLY	MEN	
17.	8X50m	FREESTYLE	4MEN + 4WOM	

3rd Session – QUALIFYING HEATS

Sunday 17/4/11 - 9:00 π . .

1.	1500m	FREESTYLE	MEN	SH
2.	100m	FREESTYLE	WOMEN	
3.	200m	FREESTYLE	MEN	
4.	50m	BREASTSTROKE	WOMEN	
5.	100m	BREASTSTROKE	MEN	
6.	400m	IND. MEDLEY	WOMEN	SH
7.	100m	BUTTERFLY	MEN	
8.	100m	BACKSTROKE	WOMEN	
9.	50m	BACKSTROKE	MEN	
10.	200m	BUTTERFLY	WOMEN	
11.	200m	IND. MEDLEY	MEN	
12.	400m	FREESTYLE	WOMEN	
13.	50m	FREESTYLE	MEN	
14.	200m	BREASTSTROKE	WOMEN	
15.	50m	BUTTERFLY	WOMEN	
16.	200m	BACKSTROKE	MEN	

4th Session - FINALS

Sunday 17/4/11 - 17:00 . . .

1.	1500m	FREESTYLE	MEN	FH
2.	100m	FREESTYLE	WOMEN	
3.	200m	FREESTYLE	MEN	
4.	50m	BREASTSTROKE	WOMEN	
5.	100m	BREASTSTROKE	MEN	
6.	400m	IND. MEDLEY	WOMEN	FH
7.	100m	BUTTERFLY	MEN	
8.	100m	BACKSTROKE	WOMEN	
9.	50m	BACKSTROKE	MEN	
10.	200m	BUTTERFLY	WOMEN	
11.	200m	IND. MEDLEY	MEN	
12.	400m	FREESTYLE	WOMEN	
13.	50m	FREESTYLE	MEN	
14.	200m	BREASTSTROKE	WOMEN	
15.	200m	BACKSTROKE	MEN	
16.	50m	BUTTERFLY	WOMEN	
17.	8X50m	MEDLEY RELAY	4MEN + 4WOM	

* In 8X50m Medley Relay, 1 boy and 1 girl in each style

SLOW HEATS : **SH**

FASTER HEAT : **FH**