



COMPETITION RULES

1. The Malaspina Sporting Club will stage and organize the 29th International Malaspina Trophy, under the Italian Swimming Federation (F.I.N.) rules on an international basis.
2. All participating swimmers must be regular members of the invited teams and must be in possession of a membership card issued by their local federation.
3. The competition will be staged in the Malaspina Sporting Club swimming pool (50 m x 8 lanes) - Via dello Sport 1, 20090 San Felice - Milano – on the 28th of June, 2008.
The program will begin with the qualifying races at 9.30 a.m. and end with the finals at 4: 00 p.m.. The swimming pool will be available 1 hour before the starting time for the swimmers to warm up.
4. Between qualifying race and finals participating swimmers can carry out “time certified trials”. Registration will be accepted until 10 minutes prior to starting of the Trophy. Subscription cost is 10 € for each single trial.
5. Categories and events:

	Female	Male
Beginners	1996 – 1997	1995 – 1996
Intermediate	1993 – 1995	1992 – 1994
Juniors	1991 – 1992	1990 – 1991
Open	1990 +	1989 +

Events:	100m Free Style
	100m Breast Stroke
	100m Back Stroke
	100 m Butterfly
	Relay 4x50 Medley – Open – see point 7

5. All race will follow the sequence:
 - female / male
 - Beginners → Intermediate → Juniors → Open
6. Each of the visiting foreign team may enter a maximum of 10 swimmers who may participate in a maximum of 3 races. The visiting Italian teams may enter a maximum of 30 races.
7. Relay 4x50 Medley Open, female and male, will take place at the end of the finals for the individual races.



8. During the competition only ONE START will be valid.
9. The points allocated for each race will be 9 – 7 – 6 – 5 – 4 – 3 – 2 – 1, corresponding to the position from the 1st to the 8th and are valid for the team's point scoring.
10. The first three places in each category will be rewarded with a medal and sporting equipment. The overall Winning team will be awarded with the Trophy. All the teams will receive a present.
11. The registration form (available on line) together with the names and qualifying times of the athletes may be submitted on-line at the following address: <http://www.sportinlinea.it/malaspina> or by fax at +39-02-7530769 no later than 30th of May, 2008.
12. The subscription cost is 150€.
13. A single final will be organized if the number of athletes would be insufficient to perform preliminary heats.
14. The organizer will be not liable for any eventuality that may occur to the participants, team leaders, managers, third parties or materials either before, nor during and after the competition.
15. The technical regulations of the Italian Swimming Federation (F.I.N.) will be applied for any other item eventually not mentioned in the above competition rules.
16. It would be greatly appreciated if participation could be confirmed by phone, fax or e-mail no LATER THAN May 30th, 2008.

For information please contact:

Organizing Committee: Marco Pizzamiglio: mob. phone + 39 335 820 0388
e-mail: m.p.pizzamiglio@iol.it

Claudio Cerioli: mob phone +39 347 910 4720
e-mail: claudio.cerioli@arrisi.com

Coach: Beppe Longinotti: mob phone +39 333 666 8318
e-mail: alysport@alice.it

Malaspina Sporting Club: phone +39-02-7530075; Fax +39-02-7530769