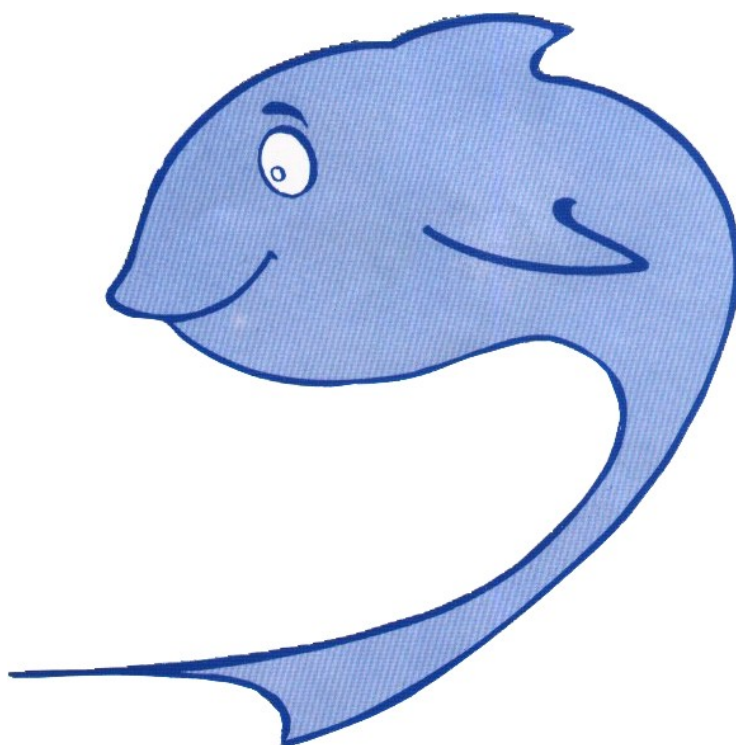




**Mednarodno plavalno prvenstvo Kranja  
International Swimming Championship of Kranj**

**2010**



**Kranj, 12. in 13. junij 2010  
Kranj, Slovenia, 12<sup>th</sup> and 13<sup>th</sup> June 2010**

**RAZPIS  
GENERAL INFORMATION AND COMPETITION REGULATIONS**

- **Organizator tekmovanja / Organizer of the competition:**

Plavalni klub Merit Triglav Kranj  
 p.p. 180  
 SI-4000 Kranj, Slovenia  
 tel/fax: +386 4 2365700, +386 4 2365701  
 e-mail: [klub@pklub-triglav.si](mailto:klub@pklub-triglav.si) ; [url:www.pklub-triglav.si](http://www.pklub-triglav.si)

- **Starostne kategorije / Age categories:**

	<b>moški/male:</b>
<b>M3</b>	1995, 1994
<b>M2</b>	1993, 1992
<b>M1</b>	1991 in starejši/and older

	<b>ženske/female:</b>
<b>W3</b>	1997, 1996
<b>W2</b>	1995, 1994
<b>W1</b>	1993 in starejše/and older

- **Limiti / Starting Limits:**

	<b>moški / male</b>	<b>ženske / female</b>
50 m prosto / freestyle	00:27,5	00:31,0
100 m prosto / freestyle	01:00,0	01:05,0
200 m prosto / freestyle	02:10,0	02:23,0
400 m prosto / freestyle	04:40,0	05:00,0
800 m prosto / freestyle	09:10,0	09:50,0
1500 m prosto / freestyle	18:00,0	19:20,0
50 m hrbtno / backstroke	00:30,0	00:35,0
100 m hrbtno / backstroke	01:09,0	01:14,0
200 m hrbtno / backstroke	02:25,0	02:38,0
50 m delfin / butterfly	00:29,0	00:33,5
100 m delfin / butterfly	01:06,0	01:14,0
200 m delfin / butterfly	02:25,0	02:40,0
50 m prsno / breaststroke	00:34,0	00:39,0
100 m prsno / breaststroke	01:16,0	01:21,0
200 m prsno / breaststroke	02:47,0	03:00,0
200 m mešano / medley	02:29,0	02:38,0
400 m mešano / medley	05:10,0	05:35,0

• **Program tekmovanja / Competition Program:**

1. **del - sobota/Saturday – glej urnik tekmovanja/see competition schedule**

1	50m prsno / breast	M1+M2+M3	predtek./heats
2	50m prsno / breast	W1+W2+W3	predtek./heats
3	50m prosto / freestyle	M1+M2+M3	predtek./heats
4	50m prosto / freestyle	W1+W2+W3	predtek./heats
5	<i>50 m prsno / breast</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
6	100m hrbtno / back	M1+M2+M3	predtek./heats
7	100m hrbtno / back	W1+W2+W3	predtek./heats
8	<i>50m prosto / freestyle</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
9	200m prosto / freestyle	M1+M2+M3	predtek./heats
10	200m prosto / freestyle	W1+W2+W3	predtek./heats
11	<i>100m hrbtno / back</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
12	100m delfin / fly	M1+M2+M3	predtek./heats
13	100m delfin / fly	W1+W2+W3	predtek./heats
14	<i>200m prosto / freestyle</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
15	200m prsno / breast	M1+M2+M3	predtek./heats
16	200m prsno / breast	W1+W2+W3	predtek./heats
17	<i>100m delfin / fly</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
18	200m mešano / i.m.	M1+M2+M3	predtek./heats
19	200m mešano / i.m.	W1+W2+W3	predtek./heats
20	<i>200m prsno / breast</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
21	1500m prosto / freestyle	M (absolutno/open)	poč.skupine/slower groups
22	<i>200m mešano / i.m.</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
23	800m prosto / freestyle	W (absolutno/open)	poč.skupine/slower groups

2. **del - sobota/Saturday – glej urnik tekmovanja/see competition schedule**

24	50m prsno / breast	M (absolutno/open)	polfinale/semifinal
25	50 prsno / breast	W (absolutno/open)	polfinale/semifinal
26	50m prosto / freestyle	M (absolutno/open)	polfinale/semifinal
27	50m prosto / freestyle	W (absolutno/open)	polfinale/semifinal
28	100m hrbtno / back	M (absolutno/open)	Finale
29	100m hrbtno / back	W (absolutno/open)	Finale
30	200m prosto / freestyle	M (absolutno/open)	Finale
31	200m prosto / freestyle	W (absolutno/open)	Finale
32	<i>100m hrbtno / back</i>	<i>M, W (absolutno/open)</i>	<i>podelitev/victory ceremonial</i>
33	100m delfin / fly	M (absolutno/open)	Finale
34	100m delfin / fly	W (absolutno/open)	Finale
35	<i>200m prosto / freestyle</i>	<i>M, W (absolutno/open)</i>	<i>podelitev/victory ceremonial</i>
36	200m prsno / breast	M (absolutno/open)	Finale
37	200m prsno / breast	W (absolutno/open)	Finale
38	<i>100m delfin / fly</i>	<i>M, W (absolutno/open)</i>	<i>podelitev/victory ceremonial</i>
39	200m mešano / i.m.	M (absolutno/open)	Finale
40	200m mešano / i.m.	W (absolutno/open)	Finale
41	<i>200m prsno / breast</i>	<i>M, W (absolutno/open)</i>	<i>podelitev/victory ceremonial</i>
42	1500m prosto / freestyle	M (absolutno/open)	najboljša sk./best group
43	<i>200m mešano / i.m.</i>	<i>M, W (absolutno/open)</i>	<i>podelitev/victory ceremonial</i>
44	800m prosto / freestyle	W (absolutno/open)	najboljša sk./best group
45	50 m prsno / breast	M (absolutno/open)	Finale
46	50 m prsno / breast	W (absolutno/open)	Finale
47	<i>1500/800m prosto / free</i>	<i>M, W (absolutno/open)</i>	<i>podelitev/victory ceremonial</i>
48	50m prosto / freestyle	M (absolutno/open)	Finale
49	50m prosto / freestyle	W (absolutno/open)	Finale
50	<i>50 m prsno / breast</i>	<i>M, W (absolutno/open)</i>	<i>podelitev/victory ceremonial</i>
51	<i>50m prosto / freestyle</i>	<i>M, W (absolutno/open)</i>	<i>podelitev/victory ceremonial</i>

### 3. del - nedelja/Sunday - - glej urnik tekmovanja/see competition schedule

52	50m delfin / fly	M1+M2+M3	predtek./heats
53	50m delfin / fly	W1+W2+W3	predtek./heats
54	50m hrbtno / back	M1+M2+M3	predtek./heats
55	50m hrbtno / back	W1+W2+W3	predtek./heats
56	<i>50m delfin / fly</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
57	400m prosto / freestyle	M1+M2+M3	predtek./heats
58	400m prosto / freestyle	W1+W2+W3	predtek./heats
59	<i>50m hrbtno / back</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
60	200m delfin / fly	M1+M2+M3	predtek./heats
61	200m delfin / fly	W1+W2+W3	predtek./heats
62	<i>400m prosto / freestyle</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
63	100m prsno / breast	M1+M2+M3	predtek./heats
64	100m prsno / breast	W1+W2+W3	predtek./heats
65	<i>200m delfin / fly</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
66	200m hrbtno / back	M1+M2+M3	predtek./heats
67	200m hrbtno / back	W1+W2+W3	predtek./heats
68	<i>100m prsno / breast</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
69	400m mešano / i.m.	M (absolutno/open)	poč.skupine/slower groups
70	400m mešano / i.m.	W (absolutno/open)	poč.skupine/slower groups
71	<i>200m hrbtno / back</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
72	100m prosto / freestyle	M1+M2+M3	predtek./heats
73	100m prosto / freestyle	W1+W2+W3	predtek./heats
74	1500m prosto / freestyle	W (absolutno/open)	poč.skupine/slower groups
75	<i>100m prosto / freestyle</i>	<i>M2+M3, W2+W3</i>	<i>podelitev/victory ceremonial</i>
76	800m prosto / freestyle	M (absolutno/open)	poč.skupine/slower groups

4. del - nedelja/Sunday -- glej urnik tekmovanja/see competition schedule

77	50m delfin / fly	M (absolutno/open)	polfinale/semifinal
78	50m delfin / fly	W (absolutno/open)	polfinale/semifinal
79	50m hrbtno / back	M (absolutno/open)	polfinale/semifinal
80	50m hrbtno / back	W (absolutno/open)	polfinale/semifinal
81	400m prosto / freestyle	M (absolutno/open)	Finale
82	400m prosto / freestyle	W (absolutno/open)	Finale
83	200m delfin / fly	M (absolutno/open)	Finale
84	200m delfin / fly	W (absolutno/open)	Finale
85	400m prosto / freestyle	M,W (absolutno/open)	podelitev/victory ceremonial
86	100m prsno / breast	M (absolutno/open)	Finale
87	100m prsno / breast	W (absolutno/open)	Finale
88	200m delfin / fly	M,W (absolutno/open)	podelitev/victory ceremonial
89	200m hrbtno / back	M (absolutno/open)	Finale
90	200m hrbtno / back	W (absolutno/open)	Finale
91	100m prsno / breast	M,W (absolutno/open)	podelitev/victory ceremonial
92	400m mešano / i.m.	M (absolutno/open)	najboljša sk./best group
93	400m mešano / i.m.	W (absolutno/open)	najboljša sk./best group
94	200m hrbtno / back	M,W (absolutno/open)	podelitev/victory ceremonial
95	100m prosto / freestyle	M (absolutno/open)	Finale
96	100m prosto / freestyle	W (absolutno/open)	Finale
97	400m mešano / i.m.	M,W (absolutno/open)	podelitev/victory ceremonial
98	1500m prosto / freestyle	W (absolutno/open)	najboljša sk./best group
99	100m prosto / freestyle	M,W (absolutno/open)	podelitev/victory ceremonial
100	800m prosto / freestyle	M (absolutno/open)	najboljša sk./best group
101	50m delfin / fly	M (absolutno/open)	Finale
102	50m delfin / fly	W (absolutno/open)	Finale
103	1500/800m prosto / free	W,M (absolutno/open)	podelitev/victory ceremonial
104	50m hrbtno / back	M (absolutno/open)	Finale
105	50m hrbtno / back	W (absolutno/open)	Finale
106	50m delfin / fly	M,W (absolutno/open)	podelitev/victory ceremonial
107	50m hrbtno / back	M,W (absolutno/open)	podelitev/victory ceremonial
108	pokali in denarne nagrade	cups and money prizes	podelitev/victory ceremonial

- Tekmovanje bo potekalo v **pokritem olimpijskem bazenu**, 50 m, 8 prog, globina 2,2 m, temperatura vode 26,5°C,
- **Urnik tekmovanja:**
  - predtekmovanja: razplavanje ob 7:50 do 8:50, tekmovanje ob 9:00,
  - polfinala in finala: razplavanje ob 15:45 do 16:45 uri, tekmovanje ob 17:00 uri.
- **Opozorilo: zaradi eventuelnega TV prenosa oziroma snemanja si organizator pridržuje pravico spremembe začetka popoldanskega dela tekmovanja.**
- **Štartnina** bo 5 € na štart in jo bo potrebno vplačati pred pričetkom dopoldanskega dela tekmovanja.
- **Merjenje časa** bo elektronsko (SCT Timing PZS).
- Tekmovanje bo potekalo po **pravilih PZS in FINA**.
- **Sistem tekmovanja:** tekmovanje bo potekalo v dopoldanskem (predtekmovalnem) in popoldanskem delu s polfinali (za 50m discipline) ter finali. V dopoldanskem delu bodo tekmovalci razvrščeni v skupine po prijavljenih rezultatih, ne glede na starost. V popoldanskem delu bo nastopilo osem absolutnih finalistov. Izjemi sta disciplini 800/1500m prosto ter 400m mešano, kjer bodo tekmovalci razvrščeni v skupine po prijavljenih časih, zadnja - najboljša skupina pa bo nastopila v popoldanskem finalnem delu tekmovanja.
- Organizator si pridržuje pravico **omejevanja števila skupin v disciplinah 1500 in 800 m prosto na 3 skupine**.
- **Nagrade:**
  - Najboljši trije iz kategorije **M3, M2, W3, W2** v vsaki disciplini (z ozirom na dosežene rezultate v dopoldanskem predtekmovanju) **bodo nagrajeni z medaljami**. Izjeme so discipline 800/1500m prosto ter 400m mešano, za katere se bodo podelile zgolj medalje v absolutni kategoriji.
  - **Najboljši trije v popoldanskem absolutnem finalu bodo** v vsaki disciplini nagrajeni z medaljami.
  - Prvih pet (5) plavalcev ali plavalk z **najboljšim seštevkom FINA točk iz treh (3) finalnih nastopov**, bodo nagrajeni s pokali in **denarnimi nagradami:**
    1. mesto – 500€
    2. mesto – 400€
    3. mesto - 300€
    4. mesto - 200€
    5. mesto – 100€
- **Prijave** za slovenske ekipe bodo preko PZSANA portala, rok je je **9. junij 2010 (ob 24.00)**. To je hkrati tudi rok odjave, zatem se bo izdelala štartna lista.

Veselimo se vaše udeležbe na prvenstvu in vas športno pozdravljamo!

- The competition will take place in Kranj (Slovenia) In-door Olympic Swimming-Pool: 50 m, 8 lines, depth 2,2 m, water temperature 26,5°C,
- **Competition Schedule:**
  - qualifying rounds: warming-up between 7.50 and 8.50, at 9.00 competition will start,
  - semifinals and finals: warming-up at between 15.45 and 16.45, start of competition at 17.00.

**Warning: the National TV will cover the competition, therefore the start of the afternoon parts can be slightly shifted.**

- **Entry fee** of 5,00 € is to be paid prior to commencement of the morning part of the competition.
- **Electronic timekeeping: PZS Timing SCT**
- The competition will be governed by the **PZS and FINA regulations**.
- **Competition system:** the championship itself includes the qualifying rounds (in the morning), the semifinals (50m events) and finals (in the afternoon). Groups for the morning part will be composed on the basis of the submitted results, regardless of competitor's age. The eight best competitors (regardless of their age) in the preliminary rounds shall compete in the afternoon finals. Three exceptions shall be: the 800m/1500m free style and 400m individual medley, where the competitors shall be grouped according to the submitted time results. The last best group shall, however, compete in the afternoon (final) part of the competition
- Number of **1500/800m freestyle heats will be limited to 3 groups (24 swimmers)**.
- **Awarding:**
  - The best three competitors from category of **M3, M2, W3, W2** in each event (with regard to the preliminary competition results) **shall be awarded with medals**, except in events (800m/1500m free style and 400m individual medley) which are valid only for the open class.
  - The best three competitors in open class in the afternoon (final) part of the competition **shall be awarded with the medals** in each event.
  - The first five (5) competitors in open class, who will by **FINA Score tables** gain the highest **sum of points in three (3) events of final part**, will be awarded **with money prizes:**
    - 1<sup>st</sup> place: 500€**
    - 2<sup>nd</sup> place: 400€**
    - 3<sup>rd</sup> place: 300€**
    - 4<sup>th</sup> place: 200€**
    - 5<sup>th</sup> place: 100€**
- **Preliminary applications** should be submitted on forms **by 15<sup>th</sup> May 2010**. **Final applications** and application cancellation should be submitted till **9<sup>th</sup> June 2010**.

We are looking forward to Your participation at our championship!