



# Swimming and Water Polo Club "Delfin" - Skopje

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## 6th INTERNATIONAL SWIMMING MEETING

# NEMO CUP 2010

**ORGANIZER:** PK "DELFIN" SKOPJE

**DATE:** November 27 and 28, 2010

**PLACE:** Indoor Olympic Swimming Pool "Centar" - Skopje

**SWIMMING POOL:** 50m. 8 lanes, depth 2,00m. temperature 26,5°  
electronic timekeeping. Additional 25m pool for warming up.

### AGE GROUPS:

	MALE	FEMALE
• Category A	Absolute	Absolute
• Category B	1995/1996	1995/1996
• Category C	1997/1998	1997/1998
• Category D	1999/2000	1999/2000
• Category E	2001 & younger	2001 & younger

**ENTRY FEE:** 2,5 EUROS per start

**VALID PARTICIPATION (number of starts):** The number of the races for the swimmers at the meeting is unlimited.

### PROGRAM

<b>I part Saturday</b> 27.11.2010 09:00	<b>II part Saturday</b> 27.11.2010 17:00	<b>III part Sunday</b> 28.11.2010 09:00
50 breast m/f A,C,D,E	50 free f/m A,B,C,D,E	50 fly m/f A,C,D,E
50 back m/f A,C,D,E	200 fly f/m A,B,C	200 breast m/f A,B,C
200 free m/f A,B,C	100 breast f/m A,B,C,D	100 free m/f A,B,C,D
100 fly m/f A,B,C,D	200 back f/m A,B,C	200 IM m/f A,B,C
400 IM m/f A,B,C,	400 free f/m A,B,C	100 back m/f A,B,C,D
1500 free m/f A	4x100 free f/m A	800 free m/f A

**NOTE:** The organizer keeps the right to limit events 800m and 1500m freestyle to 8 male and 8 female competitors according to the best entry/swim time.

**OPENING CEREMONY SATURDAY 27.11.2010 16:45**

**SATURDAY 21:00h DINNER PARTY FOR COACHES AND COMPANIONS**

### AWARDS:

- The first three swimmers of each event and age group will be awarded with medals;
- The best competitors from category A and B (man and woman) will get money awards, and the swimmers from category C, D and E will get variety of rewards according to the total FINA points from three best disciplines;
- The club scoring the most FINA points by all its swimmers shall be declared as the best club, and its delegate shall be awarded with money award and cup trophy;
- The youngest swimmers in both man and woman category shall be awarded with variety of rewards (identification document is required);

**ENTRIES:** till 23.11.2010 on e-mail: [aleksandar@yadoo.com](mailto:aleksandar@yadoo.com) and [pvkdelfin@pvkdelfin.org.mk](mailto:pvkdelfin@pvkdelfin.org.mk) or Tel: + 389 70 386 236, + 389 22 444 670, fax: + 389 2 2431 587

**CANCELATIONS:** till 24.11.2010

**ACCOMMODATION:** The participating teams are responsible for transport and accommodation costs. We can provide a hotel accommodation in Skopje 24-30 EUROS/bed and breakfast, and 32-40 EUROS full board.

Information and reservations: Mr.Vladimir Djordjevik + 389 70 721 658

PK"DELFIN" SKOPJE  
President  
Aleksandar Filipcevic

Swim Media & Marketing

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